

<b>CONNECTING WITH NATURE</b>		
<b>Activity</b>	<b>What you get to do</b>	<b>Season</b>
<b>Bat and Bird boxes</b>	<i>Participants make the box and help install it in the grounds/park</i>	All Year
<b>Creature Homes and bug hotels</b>	<i>Participants learn about and make a creature home for suitable creatures to attract them into the grounds/park</i>	Summer
<b>Bug Hunting and ID</b>	<i>Interactive walks actively seeking bugs and identifying them, with knowledge of their part in the biodiversity of the habitat</i>	Summer
<b>Connecting with nature</b>	<i>Sensory walk/experience out and about in open green spaces</i>	Summer
<b>Pond Dipping</b>	<i>Participants will learn about flora and fauna living in a water environment</i>	Summer
<b>Astronomy</b>	<i>Find out where we live in the universe and all about our solar system</i>	All Year
<b>Health Walks</b>	<i>An informal but informative walk around the open green space, encouraging health and well-being and promoting the benefits of being outdoors</i>	All Year
<b>TEAM BUILDING ACTIVITIES</b>		
<b>Activity</b>	<b>What you get to do</b>	<b>Season</b>
<b>Woodland shelter building</b>	<i>Team Building activity – create a shelter that your group can take refuge in before the final test!</i>	All Year
<b>Save the forest</b>	<i>Team building activity – participants must overcome challenges in order to obtain the tools and materials necessary to plant a tree or shrub in the woodland (can be 6 hour session)</i>	All Year
<b>Build a Green Man</b>	<i>Participants work as a team to make a green man in the woods (can be a 6 hour session)</i>	Summer
<b>Low Carbon Garden</b>	<i>Team building activity – to build a low carbon garden in the open green space, learning about carbon footprints and how to reduce them (can be 6 hour session)</i>	Summer
<b>Building Planters</b>	<i>Team building activity – build a planter to be used in the open green space as part of a growing project</i>	All Year
<b>Creating green corridors</b>	<i>Team building activity – participants will create a green corridor and learn about attracting and sustaining biodiversity in open green spaces (can be 6 hour session)</i>	All Year
<b>Orienteering and Map skills</b>	<i>Participants will undertake an orienteering course around the open green space and learn map reading skills</i>	All Year
<b>WOOD-CARVING AND RUSTIC ARTS</b>		
<b>Activity</b>	<b>What you get to do</b>	<b>Season</b>
<b>Wood-Carving</b>	<i>Make a carving to take home or participate in a wood-carving installation that will be placed in the park (6 hour session)</i>	All Year
<b>Green Man Masks</b>	<i>Make a green man mask to take home</i>	All Year
<b>Dream-catchers</b>	<i>Make a rustic dream-catcher to take home</i>	All Year

## IMPROVING YOUR GREEN SPACES

Activity	What you get to do	Season
<b>Litter Picking</b>	<i>Participants will work as a team to actively improve their open green space by litter picking areas</i>	All Year
<b>Build a Composting Bay</b>	<i>Participants build and fill a composter with fallen leaves from their open green space</i>	Winter
<b>Tree &amp; shrub planting</b>	<i>Participants have hands on experience of planting trees and other plants in their open green space</i>	Winter
<b>Bulb Planting</b>	<i>Participants have a hands on experience planting out bulbs in their open green space</i>	Winter
<b>Pond &amp; Stream work</b>	<i>Participants will work on a watercourse. Hands on experience and knowledge of the repair, maintenance and development of the waterways in open green spaces</i>	Winter
<b>Woodland Management</b>	<i>Participants will have hands on practical experience working in woodland spaces improving the area for flora, fauna and visitors</i>	Winter
<b>Prepare a bed and plant it up</b>	<i>Participants will work as a team to dig and prepare a bed and plant it up for Spring and Summer show of foliage and flowers</i>	Winter
<b>Creation and maintenance of hedgerows</b>	<i>Participants will have hands on experience of planting up a new hedgerow and maintaining an established hedgerow (can be 6 hour session)</i>	Winter
<b>Wild Flower Planting</b>	<i>Participants will have a hands on experience of sowing wild flower seeds and learn how to create a successful wild flower meadow</i>	Winter

## SEASONAL ACTIVITIES

Activity	What you get to do	Season
<b>Easter Egg Hunt</b>	<i>Walk through the park/open green space using a map to locate hidden Easter egg markers to claim your Easter prize!</i>	Easter
<b>Easter Arts &amp; Crafts</b>	<i>Various Easter arts and crafts to be made for all ages</i>	Easter
<b>Halloween Arts &amp; Crafts</b>	<i>Various Halloween arts and crafts to be made for all ages</i>	Halloween
<b>Spooky Trail</b>	<i>Walk through the park/open green space using a map to find hidden markers to claim a prize if you dare!</i>	Halloween
<b>Christmas Arts &amp; Crafts</b>	<i>Various Christmas arts and crafts to be made for all ages</i>	Christmas
<b>Christmas Tree dressing</b>	<i>Make Christmas decorations to place on a park tree</i>	Christmas
<b>Summer Fair stall</b>	<i>Selection of environmental and conservation activities dependent on the venue as well as arts and crafts activities and fruit press if desired</i>	Summer
<b>Harvest Festival Cooking</b>	<i>Participants will harvest crops and make fruit juice and experience outdoor cooking</i>	Summer harvest